

Networking for Success

Introverts

Included!

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ICF-certified coach, career advisor & strategist for executive & aspiring executive women

Mission: support & elevate women into positions of influence

Help women unlock their potential so they can reach new levels of impact & fulfillment



TODAY'S ROADMAP

What is Networking

Reasons Excuses People Give to Avoid Networking

Why Networking is Important

How to Get Started – TODAY

- Conference Networking
- Networking as An Introvert
- Digital Networking





NETWORKING IS...

: the exchange of information or services among individuals, groups, or institutions specifically: the cultivation of productive relationships for employment or business







I DON'T HAVE TIME FOR IT

As a working parent, it's challenging to make connections after hours.

FIT NETWORKING INTO THE TIME YOU HAVE

You don't have to find time to do more networking; you must fit networking into the time you have.



NETWORKING IS MOSTLY A WASTE OF TIME

For people new to networking, this perception is understandable.

NETWORKING = EXCHANGE OVER TIME

Think broadly about what people value.

What someone values can change over time.



NETWORKING SKILLS ARE INHERENT

Networking is easy for extroverts and challenging for introverts.

NETWORKING SKILLS CAN BE LEARNED

Networking is an act of discovery and learning – about other people, and yourself!



RELATIONSHIPS SHOULD FORM NATURALLY Being strategic and methodical is unethical.

DIVERSE NETWORKS ARE INTENTIONALLY BUILT

Build relationships based on substantive shared interests or ambitions.

It needs to be mutually stimulating to be valuable.



NETWORKS ARE SELFISH

Networking is insincere and manipulative.

Networking gives an unfair advantage to some, thus violating the principle of meritocracy

WHAT CAN YOU GIVE, NOT GET?

Networking that is rooted in a motivation to benefit others and an authentic desire to grow diminishes feelings of discomfort.

It needs to be mutually stimulating to be valuable.



OUR STRONG TIES ARE MOST VALUABLE

Without a broad network of strong ties, our networking efforts are doomed.

WEAK TIES ARE THE KEY TO OUR GROWTH

Weak ties — the people on the periphery of our current networks — hold the key to our network's evolution.





A PROFESSIONAL NETWORK HELPS YOU:

TAP INTO LEARNING

Acquiring crucial information about a new position enables you to succeed early.

STAY INFORMED

Being in-the-know about your organization and industry offers foresight into opportunities & threats

DISCOVER RESOURCES

Being able to find people who can assist you with projects is critical when you're otherwise under-resourced & rushed

DEVELOP NEW SKILLS

A broad, diverse network will challenge you to develop skills you may otherwise leave dormant.



A PROFESSIONAL NETWORK HELPS YOU:

DEVELOP A SOUNDING BOARD

Fleshing out ideas with your network enables you to be more innovative

DEVELOP A REFERRAL NETWORK

Making connections to new & bigger opportunities can lead to referrals within your current organization, or to a new one.

WOMEN + NETWORKING



Networking plays a pivotal role in helping women achieve career milestones



Drives broader operational and revenue benefits for the organization

Extraordinarily critical to the careers of women historically under-represented in leadership

Chief Networking Study



WOMEN + NETWORKING

90%

90%+ of women leaders are satisfied with their network's ability to support their goals

80%

Networking events helps women join a board (90%), get to C-suite (84%), or accept a new job w/better pay (81%).

18%

Sr. execs are 18% more likely than managers and directors to engage with networks weekly





COMPARISON BY SENIORITY LEVEL

C-SUITE & VP WOMEN

63% report strong satisfaction with the support they receive from their networks

Networks are more diverse & powerful

MANAGERS & DIRECTORS

29% report strong satisfaction with the support they receive from their networks

Networks are less diverse & powerful



COMPARISON BY SENIORITY LEVEL

C-SUITE & VP WOMEN

More likely to build connections through conferences, events, and cross-industry professional networking groups.

MANAGERS & DIRECTORS

More likely to develop their networks through past and current colleagues alone.



WHY SHOULD I PRIORITIZE NETWORKING NOW?

5-6

Lemon – seed to fruit: 5-6 years

~12

Orange – seed to fruit: 10-12 years

13+

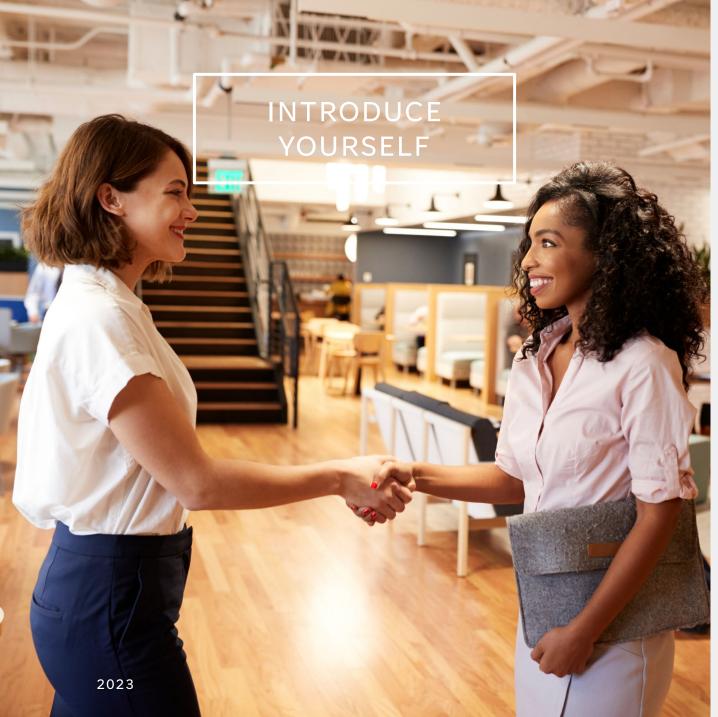
Avocado – seed to fruit: 13+ years





NETWORKING AT THIS CONFERENCE (YES, I MEAN TODAY)





PRESENT

Hi, I'm Michelle, & I'm a controller at XYZ Corp. My current focus is ABC at the Raleigh office.

PAST

My background is in X. Before joining this team, I worked with Y in the health care industry.

FUTURE

I'm excited to learn about ABC in tomorrow's session. How about you?



INTRODUCE OTHERS

Connect two people to each other

Strengthens the network around you

Positions you as generous and resourceful



ASK FOR INTRODUCTION

I'm really curious to learn more about (topic ABC) in the afternoon session. Do you know anyone who is planning to attend that session? (Would you mind introducing me?)

BE OPEN & SHARE

I'm really struggling with XYZ at work right now. I'm wondering who else might be grappling with the same thing. Any chance you've spoken with someone here about this?



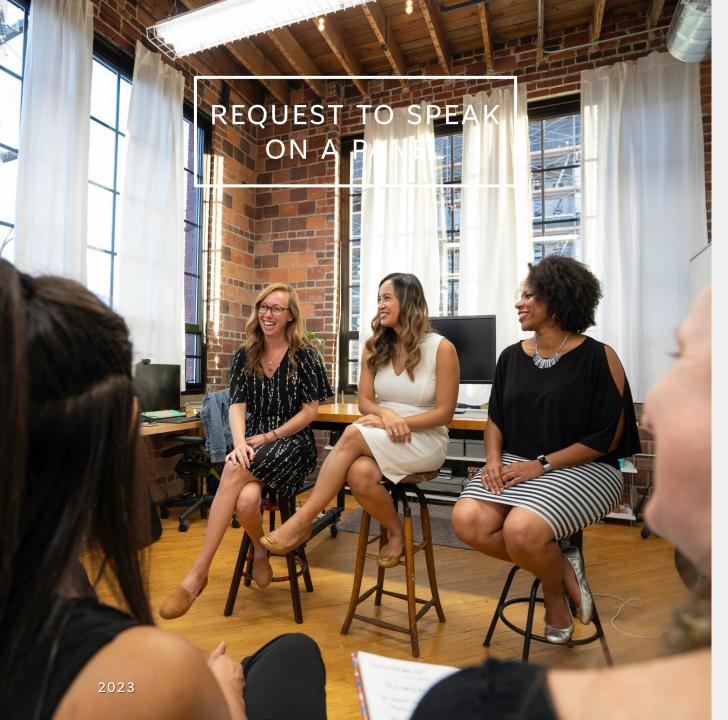
FOLLOW UP

Send a connection request on LinkedIn with a note to remind them of context:

"Hi Amanda, It was a pleasure meeting you at the NCACPA conference yesterday. I hope you enjoyed the session on ABC that you were looking forward to. Let's stay connected here on LinkedIn."

NETWORKING AT FUTURE CONFERENCES





INTROVERTS - LISTEN UP!

Introverts recharge their batteries in their alone time. It doesn't mean they're shy!

BRING THEM TO YOU

Think: less searching for a conversation partner, more ... receiving line.

SIGN UP FOR CONFERENCE ALERTS

Pay attention to calls for presentations and panelists.

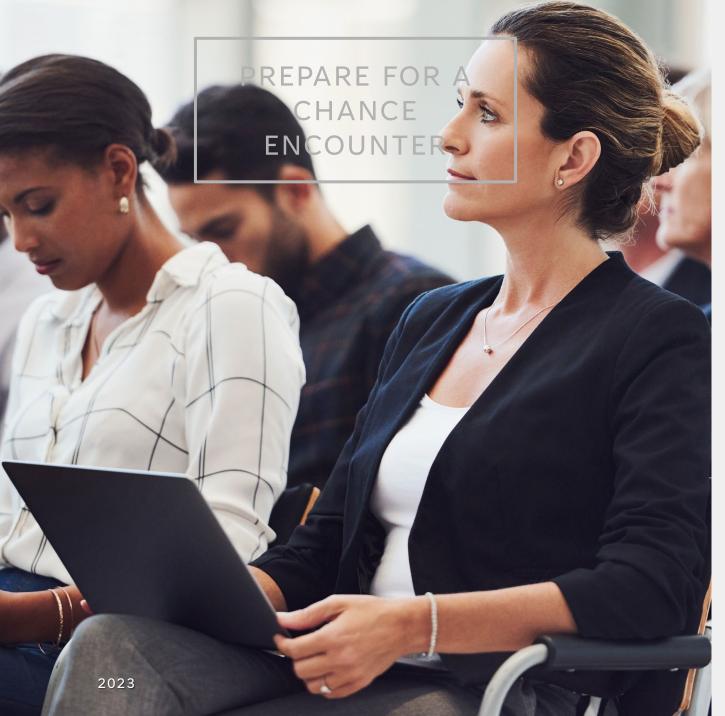


HOST A DINNER

Research restaurants in the area

Make a reservation for 8

Invite guests while at the conference



RESEARCH IN ADVANCE

Learn about the host committee members & attendees, if available. Read bios.

BE CURIOUS

Is there an aspect of their background you're curious about? Possible pre-conference outreach on LinkedIn.

BRUSH UP ON YOUR OWN WORK

What do you want to share about that might lead to the kinds of connections you're seeking?



STEP ONE: GATHER





SELF-REFLECTION

CLARIFY YOUR GOALS
What are your goals over the
next 4 weeks, months, years?

Who do you want to connect with or reconnect with who will help you meet those goals?

WHO CAN HELP?

HOW WILL YOU INVITE DIVERSITY?

How will you avoid connecting only with people who look like you, sound like you, same age, etc.? WHAT IS UNIQUE TO YOU?
What business skills can you
uniquely offer? Can you
articulate them?



WHO DO YOU WANT TO BE IN A NETWORK WITH?

WHO CAN YOU HELP?

What experiences, information, or skills do you have to offer?

Who might benefit from hearing your story, or learning from your experience?

Who do you want to help?

WHO CAN HELP YOU?

Who do you know who is resourceful?

Who is tenacious in the face of difficulty?

Who is a gateway for information?



LISTEN FOR A COMMON ANSWER

Try asking multiple people the same question ("Who do you know in X industry?"). Do several people give same name?

EXPLORE THE FRINGE

Ask for introductions from your weak ties.

EXPLORE MULTIPLE CONTEXT FOLKS

Valuable connections also include people with whom you share multiple contexts.



ACTION STEPS

OUTREACH 1 WEAK TIE/WEEK

Passing along an article or video counts!

STEP TWO: PREPARE TO ASK





SOCIALIZING

EXTROVERTS

Socializing can be exhilarating

Get their energy from interactions with others

Feel drained when they're alone

INTROVERTS

Socializing can be draining

Get their energy from time alone

Feel drained by too many social engagements



NETWORKING STRATEGIES THAT PREVENT EXHAUSTION

OPTIMAL LEVEL OF SOCIAL INTERACTION

Assess your energy levels after 1, 2, or 3 networking activities/week. Calibrate participation accordingly.

ENERGY LEVEL: HIGH VS. LOW

Seek balance in your energy output, keeping in mind that it's normal to fluctuate daily and weekly.

DETERMINE THE PREFERRED ENVIRONMENT

Consider the cost vs. benefit of showing up in an environment that doesn't suit you.

PRIORITIZE QUALITY OVER QUANTITY

First impressions matter, so be selective. Look for long-term value, goal alignment, and variety/balance additions.



NETWORKING STRATEGIES THAT PREVENT EXHAUSTION

MATCH NETWORKING TO YOUR INTERESTS

Creating your own events or engaging 1:1 can be high-value, meaningful inputs to your networking mix.

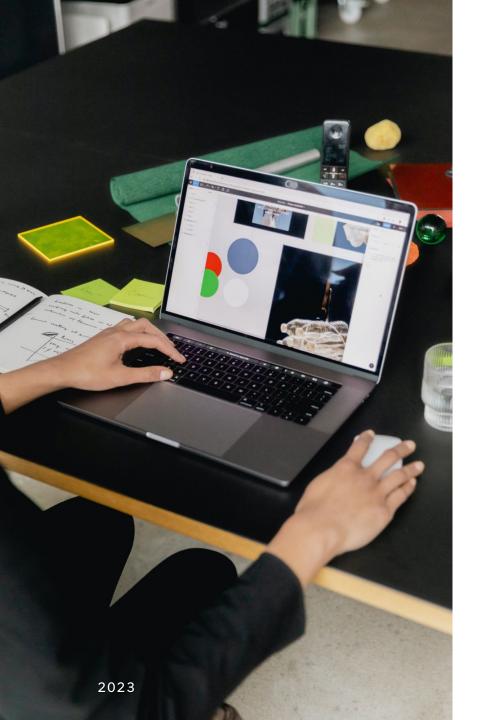
TAKE MICRO-BREAKS TO RE-ENERGIZE

Tuck away for non-work periods of 10 min. or less to re-boot.

Social support have suce exhaustion and broaden your an arrival of a quickly.

PRIORITIZE TIME TO RE-ENERGIZE

Pay attention to what you book after your networking event. You will need a moment to re-charge.



NETWORKING STRATEGIES THAT PREVENT EXHAUSTION

CONNECT DIGITALLY

Initiate conversations via LinkedIn. Use the chat feature on Zoom/Teams.



ACTION STEPS

OUTREACH 1 WEAK TIE/WEEK

Passing along an article or video counts!

DETERMINE YOUR OPTIMAL NETWORKING MIX

... then match networking opportunities to your strengths and interests, even if it means creating events or meeting 1:1.

STEP THREE: ASK





BE THE FIRST ONE TO REACH OUT

No one turns down someone who says, "I'm new in my job/to this field, and I'm trying to get to know people who..."

BRING THE GOOD CHEER AND KUDOS

Acknowledge people's desire to be seen and known. Write a brief note of congrats or invite them to coffee.



INFORMATION BENEFIT

The person works in a field you'd like to learn more about

LONG-TERM BUSINESS GOALS

A meeting now could lead to future collaborations.

SOCIAL GOALS

They could become a friend, long-term.



LATERAL CONNECTIONS MATTER!

We need to know what other people do so we have help (and can offer help) down the line

DON'T:

Ask to "pick their brain".

Beat around the bush.

DO:

Say, "Can we get together so I can learn more about how I might support your work in X?"

DO:

Optimize business travel by scheduling face time with your network.



A WORD ABOUT: LINKEDIN

Common LinkedIn mistakes:

- People don't know what they want
- People put their own needs first
- People use the default, "I'd like to add you to my professional network on LinkedIn."



A WORD ABOUT: LINKEDIN

Create messages that:

- Are authentic to your personal brand
- Will resonate with recipients at any level
- Are direct and specific about what you're asking and why



A WORD ABOUT: LINKEDIN

This:

- Demonstrates respect for people's time and the mental effort it takes for them to reply
- Makes the exchange productive and efficient.

New Message



To Erica Example

Subject Your professional journey as a CPA

Dear Erica,

Your professional profile caught my eye as I am very interested in building my career as a [role]. Since you've been in that position, would you have 15-30 min for a call to discuss firsthand insights? I would be happy to reciprocate the knowledge exchange in a way that is meaningful to you.

Kind regards, Michelle







To Teresa Thought Leader

Subject Referral by Mutual Friend Melinda

Hi Teresa,

You've built an impressive career in the pharmaceuticals industry, and Mutual Friend Melissa mentioned you were a great resource as she was getting started at Big Pharma. I am hoping to advance from my current position at ABC Co. into a position at Little Pharma. I wonder if your schedule would allow you to spend 15–30 min. offering feedback on the approach that I have taken thus far.

I'd be happy to meet you for coffee or arrange a virtual chat, and of course, am happy to respond in kind.

Kind regards, Michelle







ACTION ITEMS

OUTREACH 1 WEAK TIE/WEEK

Passing along an article or video counts!

TAKE INITIATIVE, IRL AND DIGITALLY

Introduce yourself to others and invite them into meaningful conversation and purposeful connection.

DETERMINE YOUR OPTIMAL NETWORKING MIX

... then match networking opportunities to your strengths and interests, even if it means creating events or meeting 1:1.

STEP FOUR: PREPARE TO DO





CARPE DIEM!

DON'T

Waste the moment by repeating bland comments about the weather – or, just saying what everyone else has said

Ask meaningless questions that don't enable you to help them, or them to help you

DO

Make an impression by being yourself!

Ask questions that establish a connection through your shared humanity, profession, or industry

Ask about their area of expertise

Ask open-ended questions – "What", "How"



CARPE DIEM!

DO

Ask: "What would make this a successful conference for you?"

Ask: "What challenges are you facing at work right now?" (Are you able to lend a hand here?)

Ask: "How can I be most helpful?"

Ask: "Who is someone you could meet that would open up new opportunities for you?"

End well.

Ask: "What can I do to help you (reach previously stated goal)?" Even if now the answer is "Nothing", they will remember your kindness and generosity of spirit down the line.

BE A GOOD LISTENER

ASSESS CHEMISTRY

Are they easy to talk to? Does the conversation hold your interest? Do you get a sense of trustworthiness?

DON'T

Tune the person out, distract yourself by anticipating their responses, or think only of what you're going to say next.

DO

Listen deeply, then react genuinely.

FOLLOW-UP

... and make sure to re-iterate what you heard them say.

EVERY HUMAN BEING WANTS 2 THINGS:

- 1. TO BE ACKNOWLEDGED
- 2. TO BE IN CONNECTION WITH OTHERS



ACTION ITEMS

OUTREACH 1 WEAK TIE/WEEK

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TAKE INITIATIVE, IRL AND DIGITALLY

Introduce yourself to others and invite them into meaningful conversation and purposeful connection.

DETERMINE YOUR OPTIMAL NETWORKING MIX

... then match networking opportunities to your strengths and interests, even if it means creating events or meeting 1:1.

ASK MEANINGFUL QUESTIONS & LISTEN

It's not enough to prepare to ask meaningful questions if you don't also listen to the answers that are given.

STEP FIVE: DO





FOLLOW UP & FOLLOW THROUGH

BUILD CONFIDENCE, TRUST

If you give your word, keep it. Builds trust and is an investment into the future of the relationship.

SET CALENDAR REMINDERS TO CHECK IN

Includes notes about their interests in their contact card so it's easy to reference

RECIPROCATE

Share info. you know will be useful. Be proactive in maintaining the relationship.

COMMIT TO MAINTENANCE Set aside one hour/week to

nurture the networking seeds you have planted.





Interested in free resources on:

- · Flexible working arrangements
- · Questions to ask in your performance review
- · How to optimize LinkedIn
- · Time-blocking your calendar
- · Enneagram at work



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LET'S CONNECT!

THANK YOU

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